

Collaborative mental health care to support adults on the autism spectrum

Websites

- Queensland Centre for Intellectual and Developmental Disability
<http://www.qcidd.com.au/>
- Centre for Developmental Disability Health Victoria
<http://www.cddh.monash.org/>
- National Autistic Society
<http://www.autism.org.uk/>
- Autism CRC
<https://www.autismcrc.com.au/>

Journal articles

- **Self-regulation and quality of life in high-functioning young adults with autism**
Renee R Dijkhuis, Tim B Ziermans, , Sophie Van Rijn, , Wouter G Staal, , Hanna Swaab,
<http://journals.sagepub.com/doi/abs/10.1177/1362361316655525>
- **The psychophysiological mechanisms of alexithymia in autism spectrum disorder**
Sebastian B Gaigg, Anna SF Cornell, Geoffrey Bird,
<http://journals.sagepub.com/doi/full/10.1177/136236131666706>

- **Mindfulness-Based Therapy in Adults with an Autism Spectrum Disorder: Do Treatment Effects Last?**
Michelle Kiep, Annelies A. Spek, Lisette Hoeben,
<https://www.ncbi.nlm.nih.gov/pubmed/22964266>
- **Transition to work: Perspectives from the autism spectrum**
Darren Hedley, Ru Cai, , , Mirko Uljarevic, , , Mathilda Wilmot, Jennifer R Spoor,
Amanda Richdale, , , Cheryl Dissanayake
<http://journals.sagepub.com/doi/full/10.1177/1362361316687697>
- **Employment programmes and interventions targeting adults with autism spectrum disorder: A systematic review of the literature**
Darren Hedley, Mirko Uljarević, , Lauren Cameron, Santoshi Halder, Amanda Richdale, , Cheryl Dissanayake
<http://journals.sagepub.com/doi/full/10.1177/1362361316661855>
- **Psychiatric Co-occurring Symptoms and Disorders in Young, Middle-Aged, and Older Adults with Autism Spectrum Disorder**
Lever, A.G. & Geurts, H.M. J Autism Dev Disord (2016) 46: 1916.
doi:10.1007/s10803-016-2722-8
<https://link.springer.com/article/10.1007/s10803-016-2722-8>
- **Adapting Cognitive Behavioral Techniques to Address Anxiety and Depression in Cognitively Able Emerging Adults on the Autism Spectrum**
Connor Morrow Kerns, Anne M. Roux, James E. Connell, Paul T. Shattuck
<http://www.sciencedirect.com/science/article/pii/S1077722916300360>
- **Real-World Executive Functions in Adults with Autism Spectrum Disorder: Profiles of Impairment and Associations with Adaptive Functioning and Co-morbid Anxiety and Depression**
Gregory L. Wallace, Lauren Kenworthy, Cara E. Pugliese, Haroon S. Popal, Emily I. White, Emily Brodsky, and Alex Martin
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC511802/>
- **Autism: Improving access to social care for adults**
Tish Marrable, Caroline Coomber, Paul D S Ross,
https://www.researchgate.net/publication/316976692_Autism_Improving_access_to_social_care_for_adults

- **Modeling the cognitive mechanisms linking autism symptoms and anxiety in adults.**
Maisel ME, Stephenson KG, South M, Rodgers J, Freeston MH, Gaigg SB.
<https://www.ncbi.nlm.nih.gov/pubmed/27196436>
- **Management of mental ill health in people with autism spectrum disorder**
Foley, K.R., and Troller, J.
<http://www.racgp.org.au/afp/2015/november/management-of-mental-ill-health-in-people-with-autism-spectrum-disorder/>
- **Adults with autism: What do we know and what are the implications for psychology?**
Associate Professor Amanda Richdale
<https://www.psychology.org.au/inpsych/2017/april/richdale/>

Clinical guidelines

- **Monash Health**
"Understanding behaviour change for people with intellectual disability or autism spectrum disorders"
<http://www.cddh.monashhealth.org/wp-content/uploads/2016/12/cddh-practice-advice-behaviour-final-281116.pdf>
- **Centre for Developmental Disability Studies**
"Health Care in People with Intellectual Disability"
https://www.aci.health.nsw.gov.au/_data/assets/pdf_file/0016/231514/Health_Care_in_People_with_Intellectual_Disability_Guidelines.pdf

Training course

- **Master Class: Adults & Older Adolescents – ASD Lvl 1**
Thursday 12th & Friday 13th October, 2017 in Melbourne
http://www.mindsandhearts.net/index.php/resources/downloads/index.php?option=com_content&view=article&id=531:master-class-adults-and-older-adolescents-melbourne-2017&catid=47:seminars&Itemid=522